

Recommended BIFI Provider Qualifications

Topic	Can Be Implemented by Non-Licensed Professionals	CAUTION Back-up Licensed Mental Health Support Recommended	Licensure as Mental Health Provider Required
1. What's normal after brain injury	Yes	Yes	No
2. Brain injury happens to the whole family	No	No	Yes
3. Emotional and physical recovery are different	No	No	Yes
4. Mastering the art of patience	Yes	Yes	No
5. Coping with loss and change	No	No	Yes
6. Setting reasonable goals	Yes	No	No
7. Solving problems effectively	Yes	No	No
8. Managing stress effectively	Yes	Yes	No
9. Managing intense emotions	No	No	Yes
10. Taking care of yourself	Yes	No	No
11. Focusing on gains and accomplishments	Yes	No	No