

# SKILL-BUILDING, SUPPORTIVE AND EDUCATIONAL PROGRAM FOR COUPLES AFTER BRAIN INJURY PARTICIPANTS INVITED!

Are you in a relationship?  
Have you or your partner had a traumatic brain injury (TBI)?  
**You May Qualify for a New Research Study!**

Virginia Commonwealth University researchers in the Department of Physical Medicine and Rehabilitation are seeking adults with traumatic brain injuries to be part of a research study. We are evaluating the helpfulness of an outpatient rehabilitation program to help couples adjust to brain injury. Qualified volunteers will participate in five to six support and education sessions. Study volunteers will be given information on brain injury, local resources, skills development, and positive coping strategies. Volunteers will also be asked to complete several questionnaires. All participants must be at least 18 years old. The study will take place on the 3<sup>rd</sup> floor of West Hospital (1200 E. Broad Street).

During the sessions, the following topics will be discussed:

- Effects of brain injury on the survivor, partner, and couple
- Healthy communication and managing stress
- Setting goals and solving problems
- Rebuilding intimacy
- New challenges and strategies to parenting (optional)
- Strategies for optimal recovery

*There will be no charge for services.  
Volunteers will be compensated for their time.*

Approved  
12/20/12 TS / EP



If you are interested in participating, please call Jenny Marwitz at 804-828-3704 or toll free at 866-296-6904 or email [jhmarwit@vcu.edu](mailto:jhmarwit@vcu.edu).